

Audio Transcript

“I have been a client of Joseph's corner for many years.

The first time I contacted Joseph's Corner was for support to help me deal with my daughter's drug addiction.

At this time, I needed to talk about how it made me feel hopeless as a parent and I was trying to work out what I could have done differently.

I found it really difficult to accept her addiction.

I received fantastic support from the counsellor, who help me realise that her addiction was not my fault and I just needed to support her as much as I could.

At this time, I believe that the counsellor saved my sanity as this family situation was having a bad effect on my mental healthI really don't know what I would have done without this support.

Over the years I have needed to go back to Joseph's Corner to help me get back on track with my mental health.

Joseph's Corner also supported me to come to terms with being gay and accept what I cannot change.

Thank you so much Joseph's Corner for all you have done for me and the many others who have knocked on your door.”